



# AN EDUCATIONAL JOURNEY: **SENIORS CARE IN SWEDEN** with a focus on dementia care

*in partnership with*

**Dialog  
Health**

MONDAY 18 TO SATURDAY 23 MAY 2020

**Dear GAN colleagues,**

It is with great pleasure that we introduce the inaugural Global Ageing Network (GAN) study tour in partnership with Dialog Health. Our first study tour program will be to Stockholm, Sweden.

Over the past 6 years, our international study tour partner Dialog Health has developed and delivered quality study tour programs throughout the world, investigating new and emerging trends in the field of care and housing for seniors.

This tour to Sweden is designed to give you insight into the Swedish seniors living field. Through our program of visits to both public and private organisations, you will explore strengths and challenges of the Swedish elder care system, get an overview of its geriatric pathways and discover innovations in practice.

As the world's population ages, it is important that we investigate different ways of meeting the challenges of the future. Study tours provide an ideal forum to inform and educate.

The GAN-Dialog Health study tour program will provide opportunity to form lasting collegial friendships, international and domestic, and a mechanism for increased dialogue among professionals on the direction of our field.

We encourage all our members and international colleagues to participate in GAN study tour programs. We look forward to welcoming you.

*Sincerely yours,*

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*Katie Smith Sloan  
Executive Director*

*Judy Martin  
Board Chair*



## WHY SWEDEN?

Life expectancy in Sweden is among the highest in the world: 79.9 years for men and 83.7 years for women. As a consequence, health and social care for elders are important to Swedish welfare policy. One of the aims of seniors care is to help older people live normal, independent lives. Through our program of visits, discover how Sweden tackles successfully this challenge, being ranked at the very top in a United Nations supported global study, The Global Age Watch Index, which examined the quality of life of elders in 91 nations.







## **DATES**

6 DAYS – 5 NIGHTS / MONDAY 18 TO SATURDAY 23 MAY 2020

## **COUNTRY**

SWEDEN

## **OUTCOMES**

- Discover innovations in practice in the Swedish high performing health and social care system: comprehensive home care, functioning professional networks, modern facilities, etc.
- Focus on innovative dementia care, while visiting state-of-the-art care organizations and meeting local executives and experts in the coordination of health and social care, of homes and long-term facilities.
- Discuss the opportunities and challenges of integrating care.
- Take a step out of daily practice to gain inspiration and re-energize.
- Network with other high level managers and share experience among the international members of GAN.
- Prepare your mission with a pre-reading package about the Swedish healthcare system and return to your home organization with a portfolio of innovations to put in action.

## PROGRAM

DAY 1 MONDAY 18 May	DAY 2 TUESDAY 19 May	DAY 3 WEDNESDAY 20 May	DAY 4 THURSDAY 21 May	DAY 5 FRIDAY 22 May	DAY 6 SATURDAY 23 May
MORNING :	MORNING :	MORNING :	MORNING :	MORNING :	MORNING :
Arrival & check in to the hotel	Introduction to the Swedish Health and Social care system at <b>SKL</b>	Vasteras, the Valley of Robots Morning Visit to <b>Robotdalen</b> and presentation of the <b>Mistel</b> project	<b>Silviahammet Demenscentrum</b>	<b>Aleris Båthöjden Plaza</b> : a recent nonprofit nursing home	Check-out  End of the of study tour
AFTERNOON :	AFTERNOON :	AFTERNOON :	AFTERNOON :	AFTERNOON :	
Sightseeing tour	Innovative academic nursing home <b>Hornstull</b>	<b>Hälleborg</b> , a modern public nursing home	<b>Krusmyntan Vardaga</b> : a nursing home for people with dementia	<b>Löjtnantsgården</b>	
<b>Welcome dinner</b>	Free evening	Free evening	Free evening	<b>Final dinner</b>	





## DETAILED PROGRAM

### DAY 1 MONDAY 18 MAY

MORNING / **ARRIVAL TO STOCKHOLM, SWEDEN**  
(delegates' own arrangements)

**CHECK-IN** TO THE HOTEL IN STOCKHOLM

AFTERNOON / **SIGHTSEEING TOUR**

EARLY EVENING / **WELCOME DINNER**

### DAY 2 TUESDAY 19 MAY

MORNING SESSION / **ORIENTATION BRIEFING AND ROUNDTABLE DISCUSSION ON SWEDEN AGED CARE SYSTEM AT SKL** (Swedish Association of Local Authorities and Regions)

General introduction to the Swedish elder care system

The Swedish Association of Local Authorities and Regions is both an employers' organisation and an organisation that represents and advocates for local government in Sweden. All of Sweden's municipalities, county councils, and regions are members of SKL, which represents them and acts on their initiative.

AFTERNOON SESSION / **PRESENTATION OF THE ACADEMIC NURSING HOME HORNSTULLSTRAND**

Bräcke diakonia co-owns the Ersta Sköndal Bräcke college. Ersta Sköndal Bräcke University College is dedicated to studies in the fields of social work, nursing, health care, and psychotherapy. They combine practice-centered, professionally oriented research with ethical, historical, welfare rights-related and critically appraising studies on the interaction between society, health, organisation, and the individual.

Bräcke diakonia and the Ersta Sköndal Bräcke college work closely together with researchers, teachers, and students to develop their businesses. Together they created the care accommodation Hornstull – called “an academic accommodation.” In the nursing home, experience and knowledge are as important as the research perspective. The goal of the project is to be able to experience the best dementia care, where they generate new knowledge and implement change using scientific data/research.

## DAY 3 WEDNESDAY 20 MAY

### FOCUS ON TECHNOLOGY: DAY AT VASTERAS – THE VALLEY OF ROBOTS

#### MORNING SESSION / **ROBOTDALEN**

Robotdalen is a catalyst for the development and implementation of new ideas and solutions in robotics, with a focus on new innovations for the field, service, and health care.

#### **MISTEL**

The Mistel project is a test bed run by the City of Västerås. MISTEL has been established as a centre of excellence for innovations that contribute to the independence and wellbeing of elders and people with disabilities, and also innovations that contribute to the municipally funded health and personal care services

#### AFTERNOON SESSION / **HÄLLEBORGS ÄLDREBOENDE**

Hälleborg äldreboende, which is located in Bäckby, includes a retirement home and a group residence for elders and people with dementia. The recently established facility, which has 100 apartments, is one of Sweden's most modern ones.

## DAY 4 THURSDAY 21 MAY

#### MORNING SESSION / **SILVIAHAMMET DEMENSCENTRUM**

Stiftelsen Silviahemmet was founded by H.M. Queen Silvia on Valentine's Day 1996. The training of Silvia nurses and training certification of entire units is combined with broad-based training in practical dementia care for the various categories of staff involved in providing care.

Silviahemmet endeavors to make an active contribution to the development of good care provision for people with dementia and their relatives.

#### AFTERNOON SESSION / **KRUSMYNTAN - VARDAGA**

Krusmyntan äldreboende, located in Tyresö, has been certified "Silvia" since December 2016. This corresponds to the foundation "Silviahemmet," created on the initiative of Queen Silvia with the aim of training health professionals specializing in the care of people with dementia.

The goal of this nursing home is for the patients to stay active as much as possible. An activity manager takes care of entertaining elders by offering them a program every week, including cooking, music, bingo, gymnastics, walking, etc. In terms of care, the concept of the establishment is based on individualized care, integrity, and freedom of choice.

## DAY 5 FRIDAY 22 MAY

### MORNING SESSION / **ALERIS BATHÖJDEN PLAZA**

Aleris Boat Hill Plaza is a care facility specializing in the care of elders with dementia.

Opened in March 2011, Aleris Båhöjden Plaza uses the latest research on aging and age-related diseases. The establishment is very spacious, but designed with architecture adapted to the needs of people with dementia, to contribute to the feeling of freedom, the need for framing and clarity.

The Aleris Båhöjden Plaza overlooks the forest and nature, the proximity of nature being an important aspect in the welcome of the residents.

### AFTERNOON / **LÖJTNANTSGÅRDEN**

The Löjtnantsgården residence is managed by Immanuelskyrkans Vård AB and is part of the work of the Immanuel church. The objectives of the facility is to provide individually tailored care based on humanist and Christian values, where there is room for conversation and questions about existence, faith, life and death. Through the Immanuel Church, a deacon and pastors are available to support residents and staff if wanted.

### EVENING / **FINAL DINNER**

## DAY 6 SATURDAY 23 MAY

### MORNING / CHECK-OUT - END OF THE STUDY TOUR

DELEGATES DEPART ACCORDING TO OWN ARRANGEMENTS.





## INCLUSIONS

### PROFESSIONAL PROGRAM delegate inclusions

- Study tour booklet for participants
- Provision of full tour report for all delegates
- Dedicated Program Leader during the entire study tour.

### LOGISTIC inclusions

- Private bus transport in comfort for the entire trip
- 5 nights 4-star in Stockholm city centre
- Welcome reception
- Meals as listed
  - 5 breakfasts
  - 4 lunches
  - 2 dinners

### TOURISM PROGRAM

- Group private guided tour of the main tourist destinations of Stockholm

## EXCLUSIONS

- Visa costs
- Flights to/from Stockholm
- Airport-hotel-airport transfer
- Meals other than listed
- Personal expenditure
- Tips for personal activity
- Travel & Cancellation insurance.

## COSTS (USD)

Program price is based on minimum 12 delegates participation.

### PROGRAM

#### Delegate Single Rate

Participating in full Dialog Health program

<b>Early Bird until 29 Feb 2020</b>	<b>\$3490</b>
<b>Full Price from 1 March 2020</b>	<b>\$3790</b>

#### Delegate Twin share rate

(2 delegates sharing room & participating in full program)

<b>Early Bird until 29 Feb 2020</b>	<b>\$3270</b>
<b>Full Price from 1 March 2020</b>	<b>\$3570</b>

#### Delegate Partner rate

(Person sharing room with delegate not participating in facility visits/study program. All social events included)

**\$480**



## WHO ARE WE?

Dialog Health designs and organises international study trips. We provide a unique opportunity for executives from the health & social care sectors to discover the latest innovations in the field.

Our team comprises a core staff of skilled consultants and trainers. For each mission, we develop a program of visits, training & talks with professional and technical experts. We also work with a worldwide network of valued partners. This allows us to meet every client's needs and expectations.

Dialog Health is a French company based in Paris. Our study tours are all-inclusive as we are certified both as a continuing education and training organisation and as a travel agency.

### OUR INTERNATIONAL EXPERTISE

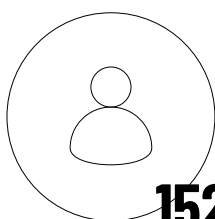
So far, we have arranged study tours in the following countries:

Australia, Austria, Brazil, Canada, China, Czech Republic, Denmark, France, Germany, Italy, Japan, Kazakhstan, The Netherlands, Russia, Singapore, South Africa, South Korea, Sweden, Switzerland, the United Kingdom and the United States.

### DIALOG HEALTH EXPERTISE IN NUMBERS



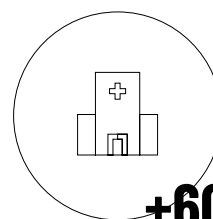
**99** STUDY  
TOURS



**1520**  
DELEGATES



**21** COUNTRIES  
VISITED, WORLDWIDE



**+600** VISITS  
public administrations,  
hospitals, care homes,  
enterprises, etc.

### CONTACT US:

#### DIALOG HEALTH

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# AN EDUCATIONAL JOURNEY: SENIORS CARE IN SWEDEN

## WITH A FOCUS ON DEMENTIA CARE

### STUDY TOUR

6 days - 18 to 23 May 2020



THE GLOBAL  
AGEING  
NETWORK®

**Dialog  
Health**  
in partnership with

#### REGISTRATION FORM

Name: \_\_\_\_\_  
First Name: \_\_\_\_\_  
Company: \_\_\_\_\_  
Position: \_\_\_\_\_  
Address: \_\_\_\_\_  
ZIP Code: \_\_\_\_\_  
City: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Food restrictions : \_\_\_\_\_  
How did you learn about this study tour? \_\_\_\_\_  
\_\_\_\_\_

#### COSTS (USD)

	EARLY BIRD <small>Until 29 Feb 2020</small>	FULL PRICE <small>From 1 March 2020</small>
Delegate Single rate <i>One delegate participating in full program</i>	\$3490	\$3790
Delegate Twin share rate <i>Two delegates sharing room &amp; participating in full program</i>	\$3270	\$3570
Delegate Partner rate <i>Person sharing room with delegate not participating in facility visits/ study program. All social events included)</i>	\$480	\$580

Name of the delegate who shares the room:  
\_\_\_\_\_

#### EXTRA BOOKINGS

International Flights \_\_\_\_\_  
Private airport transfers \_\_\_\_\_  
Extra hotel nights \* \_\_\_\_\_

If you choose one or several of these services, a Dialog Health booking officer will be in touch for more details and a quote.

**Registration includes 1 year individual membership to GAN**

#### REGISTRATION

In order to validate your registration, please send back:

- 1 completed and signed form
- 1 legible copy of your passport (ePassport)

By email: [contact@dialog-health.com](mailto:contact@dialog-health.com)

**I have read and accept the general terms and conditions:**

Date: \_\_\_\_\_ Place: \_\_\_\_\_  
Signature: \_\_\_\_\_



## GENERAL SELLING CONDITIONS

### PRICE INCLUDES

- Professional program of technical visits and presentations
- Study tour booklet
- Study tour full report
- Tour leader from Dialog Consulting (Dialog Health)
- 5 nights in a 4-star hotel in Stockholm
- 5 breakfasts, 4 lunches and 2 dinners
- Private bus transportation for the entire professional program.

### PRICE DOES NOT INCLUDE

- Drinks
- All personal expenses
- The possible costs of visas
- All products and services not mentioned in «Price Includes».

### TERMS AND CONDITIONS OF TRAVEL

- The study tour will not be run unless a minimum of 12 delegates register
- Terms and conditions signed as a commitment to make payments as per listed payment schedule
- No insurance is provided in the package. It is compulsory for all delegates to have travel insurance
- Maximum number of delegates is 30
- No bookings are held
- Hotels/venues subject to change until booked.

### TARIFF

These prices were calculated on the basis of 12 participants minimum.

We reserve the right to cancel the trip or to readjust the tariff if these conditions are not fulfilled.

### PROGRAM CHANGES

If, despite all their efforts, circumstances compel them, Dialog Consulting (Dialog Health) and their partners reserve themselves the right to modify the program without consulting the participants, who cannot claim any compensation.

### PAYMENT TERMS

A payment of at least \$2000 (deposit) must be done at the moment of the registration to secure a place in the delegation.

Delegates may choose between the two payment plans, demanding one or two invoices.

Full balance is due by 31 March 2020 for all price options and payment plans.

All invoices will be sent electronically by Dialog Consulting (Dialog Health) directly to the email address informed on this registration form.

Dialog Consulting (Dialog Health) will be unable to retain registrations and reservations without full payment by the due date.

### CANCELLATION – INCURRED COST

The existence of many intermediates and payment terms imposed by them on the trip organizers justified the charging cancellation fees even more important than the date of departure is near (transfer equivalent to cancellation):

- More than 91 days before departure: no costs
- 90 to 61 days before departure: 50% of the total amount
- 60 to 31 days before departure: 75% of the total amount
- Less than 30 days before departure: 100% of the total amount.

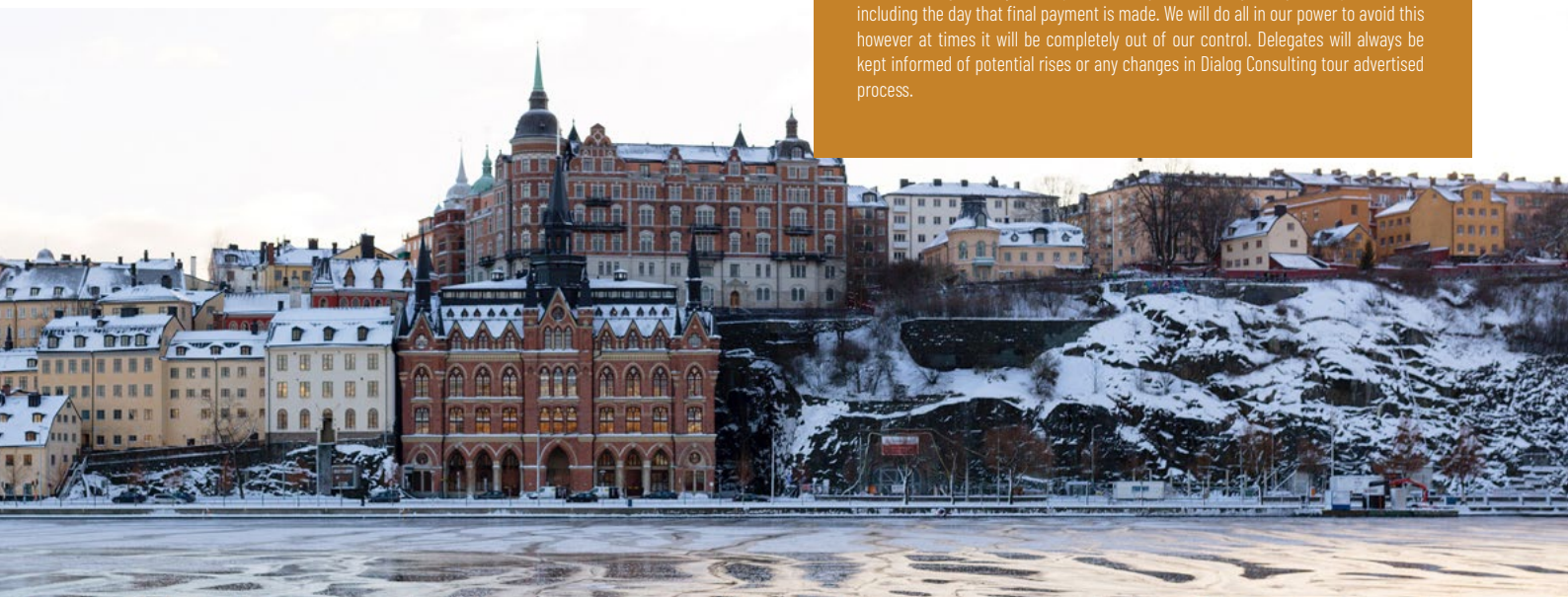
However, if cancellation is made a refund may be considered if a replacement delegate is found.

Any amount due to Dialog Consulting (Dialog Health) cannot be reported on a future trip.

Airline tickets cannot be changed, nor be refunded.

### IMPORTANT NOTE:

Prices are based on tariffs and airfares current at 1 January 2020. In this time of escalating prices and economic instability, it is impossible to predict accurately fluctuations in exchange rates or increases to cost elements of tours. Unfortunately, Dialog Consulting (Dialog Health) does not have control of airfares, fuel, airport and airlines taxes and surcharges, hotel rates and other service provider tariffs. In the event of such fluctuations or increases affecting the prices which Dialog Consulting (Dialog Health) pay for transportation, hotel accommodation and other services, we reserve the right to adjust our prices as may be necessary at any time up to this and including the day that final payment is made. We will do all in our power to avoid this however at times it will be completely out of our control. Delegates will always be kept informed of potential rises or any changes in Dialog Consulting tour advertised process.





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